



Curriculum Values at LDA



The Curriculum at Lord Derby Academy is highly **ambitious** for **ALL** pupils and is built on the **Dean Trust Curriculum Values**:



PE Curriculum Statement of Intent:

The Dean Trust PE Curriculum intends to instil all pupils with the confidence, motivation, competence and knowledge to enable pupils to take responsibility for lifelong participation in sport and exercise.



THE DEAN TRUST
Lord Derby Academy

LDA CORE PE Curriculum Pathway

- Title of unit
- Dean Trust Curriculum Values
- Knowledge: What I will know
- Skill: What I will be able to do
- Enrichment

Possible careers

Understanding a variety of ideas, tactics and concepts

Fun, relaxation, exercising with friends

Continue your lifelong love of sport and exercise

Embed advanced techniques

Healthy in Mind, Body & Soul

Officiating competitive situations

Ambition & Aspiration

YEAR
11

Healthy Living

Individual Activities incl. Athletics

Benefits of a healthy active lifestyle

Events incl. Dean Trust Active Challenge

Competition incl. Football / Dean Trust Games

Consistent application of advanced skills

Events incl. Festival of sport

Games incl. Badminton

YEAR
10

Gymnastic activities incl. Trampoline

Officiating

Global Citizenship

Advanced tactics

Clubs incl. Rounders / Rugby

Healthy in Mind, Body & Soul

YEAR
9

Individual Activities incl. Athletics

Games incl. Handball / Tennis

Fitness (Advanced)

Leadership qualities

Events incl. Dean Trust Active Challenge

Evaluate performance

Global Citizenship

Advanced rules and regulations

Events incl. Holland sports tour

Communicate and collaborate with others

Create and apply tactics

Clubs incl. Football / Trampoline

Healthy in Mind, Body & Soul

Competition incl. Basketball / Netball

Individual Activities incl. Orienteering

Games incl. Rugby League / Volleyball

Gymnastic activities incl. Cheerleading

Fitness (Intermediate)

Develop tactics for a range of activities

Apply advanced techniques

Develop and apply techniques

YEAR
8

Events incl. Festival of Sport / Knowsley Athletics

Gymnastic activities incl. Trampoline

Games incl. Football / Netball

Individual Activities incl. Swimming

Basic tactics

Health safety & well-being

Clubs incl. Netball / Basketball

Teamwork

Knowledge of techniques

Fitness (Basic)

YEAR
7

LDA Summer school

LDA Taster Days

Games Gymnastics activities Individual Activities

YEAR
6

Healthy in Mind, Body & Soul: Supporting transition

Indoor Athletics @LDA

Football Tournaments @LDA

Powerful Knowledge

Believe . Achieve . Succeed