WC/	Weekly theme	Year 7 PDC Wellbeing		Year 8 PDC Wellbeing		Year 9 PDC Wellbeing		Year 10 PDC Wellbeing		Year 11 PDC Wellbeing	
		PDC	Power and		wellbeing		weilbeing		weilbeing		
06.09.22	Welcome back!	Routines and behaviour including attendance	governance 1: Need for rules in school and wider society	Preparing for the year (Timetables, equipments, standards and expectations)	How can I improve on last year?	Preparing for the year (Timetables, equipments, standards and expectations)	Considering the options for next year	Preparing for the year (Timetables, equipments, standards and expectations)	How is KS4 different?	Preparing for the year (Timetables, equipments, standards and expectations)	Standards and expectations for Y11 (Revision timetable, key dates and expectations)
12.09.22	Democracy	Respecting everyone's right to have a point of view	Expressing opinions respectfully and confidently	Power and governance 2: basics of how the United Kingdom is governed	Pupil parliament	Power and governance 3: global governance structures and systems (democracy, communism) and differences between countries	Pupil parliament	Power and governance 4 :how a lack of power and representation can result in discrimination and exclusion	Pupil parliament	Power and governance 5: the power of collective action and role of social movements and governments in tackling injustice	Pupil parliament
19.09.22	Recycling week	Responsibility to your school environment	Responsibility to the local environment	Sustainable development 2: Basics of climate change (causes and effects) including wider causes and implications	How effective will Liverpool's new super- bins be?	Sustainable development 3: Environmentally responsible living and global inequalities in ecological footprints	Recycling in the immediate community	Sustainable development 4: Differing views about development, quality of life and their measurement	Glastonbury: Recycling and 0 waste	Sustainable development 5: UN sustainable development goals and progress against them	Case study question: Should our rubbish be sent abroad?
26.09.22	European day of languages	Communication: Body language	Communication: Active listening	Identity and diversity 2: Diversity of cultures and how they contribute to our lives	Day of Tourism (27th September)	Identity and diversity 3: nature and impact of prejudice, racism and sexism and ways to combat these	Day of Tourism (27th September)	Identity and diversity 4: Importance of language, beliefs and values in cultural identities	Day of Tourism (27th September)	Identity and diversity 5: Benefits and challenges of diversity	Day of Tourism (27th September)
03.10.22	Black History	Respect for people and human rights	Respect for education of everyone and the learning environment	Profile: Olaudah Equiano and his role in abolition	Liverpool as a black community	Arrival of the Windrush	Windrush scandal	British civil rights movement	The Toxteth riots	Power and governance 4: Case study: Black Lives Matter	Case study question: Should statues be removed?
10.10.22	Mental health	Respecting the feelings and mental health of others	Adapting behavior to support emotional wellbeing	Mental health support: Anxiety and stress	Helping deal with anxiety/panic attacks	Mental health support: Depression	Helping deal with depression	Mental health support: Challenging the stigma of mental health	Lee Cooper Foundation	Mental health support: Challenging stereotypes of poor mental health	Lee Cooper Foundation
17.10.22	Social Justice and Equity	How can you make a difference in the community?	Co-operation to achieve goals	Social justice and equity 2: Ways of defining and measuring poverty (relative and absolute) and inequality	Equity leading to equality	Social justice and equity 3: Wider causes of poverty, inequality and exclusion	Marcus Rashford: Should people have to rely on celebrity for support?	Social justice and inequality 4: Differing views on how poverty, inequality and inequity can be reduced	How can I help to reduce inequality	Social justice and inequality 5: national and international initiatives to tackle poverty and inequality	SDG: Reducing inequalities
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WC/	Theme	PDC	Wellbeing	PDC Year 8	Wellbeing	Year 9 PDC Wellbeing		Year 10 PDC	Wellbeing	PDC	1 Wellbeing
31.10.22	Sustainable development	Concern for the environment and commitment to sustainable development 1:Responsibility for the environment and the use of resources	How recycling can imapct wellbeing	Concern for the environment and commitment to sustainable development 2: Appreciation of interdependence between people and planet	Which animals do Human Beings rely on to survive?	Concern for the environment and commitment to sustainable development 3: Concern about the effects of lifestyles and consumer choices on the planet	Projects from the Centre of Excellence for Sustainable food Systems at Liverpool University	Concern for the environment and commitment to sustainable development 3: Concern for the future of the planet and for future generations	UNESCO Sustainable development goals	Climate activism and the effectiveness of protest - Just stop oil protests 2022	Concern for the environment and commitment to sustainable development 4: Taking personal responsibility for changing lifestyle, and promoting positive effects on the environment.
07.11.22	Remembrance day	Peace and conflict 1: Wider causes and effects of conflict and importance of resolving conflict fairly	Wellbeing/Newsround	Peace and conflict 2: Role of non- violent protest in social and political change	Wellbeing/Newsround	Peace and conflict 3: The link between justice and peace, and conditions for lasting peace	Wellbeing/Newsround	Peace and conflict 4: Creative and positive outcomes of conflict	Wellbeing/Newsround	Peace and conflict 5: The 'Just war' theory and critiques - Is there such thing as a just war?	Wellbeing/Newsround
14.11.22	Anti-Bullying Week	Anti -Bullying Week campaign 2022-Reach Out	Why is it important to reach out?	Anti -Bullying Week campaign 2022- Reach Out	Why is it important to reach out?	Anti -Bullying Week campaign 2022-Reach Out	Why is it important to reach out?	Anti -Bullying Week campaign 2022-Reach Out	Why is it important to reach out?	Anti -Bullying Week campaign 2022-Reach Out	Why is it important to reach out?
21.11.22	Gender Equity	What is gender equity?	Wellbeing/Newsround	Where does gender inequity exist?	Wellbeing/Newsround	Why is gender equity important?	Wellbeing/Newsround	Why is equitable gender representation important?	Wellbeing/Newsround	UNESCO SDGs No. 5: Gender Equality	Wellbeing/Newsround
28.22.22	Human impact on the environment	Human impact on the environment 1: What is the extinction crisis?	How nature can impact wellbeing	Human impact on the environment 2: Why is biodiversity so important?	How nature can impact wellbeing	Human impact on the environment 3: What is the Endangered Speicies Act?	How nature can impact wellbeing	Human impact on the environment 4: How can we halt the extinction crisis?	How nature can impact wellbeing	Human impact on the environment 5: Careers in conservation.	How nature can impact wellbeing
05.12.22	Volunteering	Why is it important to volunteer?	Wellbeing/Newsround	How can volunteering benefit me as well as others?	Wellbeing/Newsround	How are volunteers helping to change the world? (UN Voluteers homepage case studies, link to SDGs)	Wellbeing/Newsround	How are volunteers helping to change the world? (UN Voluteers homepage case studies, link to SDGs)	Wellbeing/Newsround	How are volunteers helping to change the world? (UN Voluteers homepage case studies, link to SDGs)	Wellbeing/Newsround
12.12.22	Human rights day (10th Dec)	Human rights 1: UN Convention on the rights of a child and universal declaration of human rights	What are your human rights and where did they come from?	Human rights 2: Reasons why some people have their rights denied and those responsible for making sure you have your human rights	What organisations protect your human rights?	Human Rights 3: The importance of citizens, societies and governments respecting and defending people's human rights	What organisations protect your human rights?	Human rights 4: Underlying causes of human rights violations and the factors that support or undermine human rights	What organisations protect your human rights?	Human rights 5: State obligations on human rights (UK and withdrawal from human rights)	What organisations protect your human rights?
19.12.22	Celebration of Success	Celebrating success	Wellbeing/Newsround	Celebrating success	Wellbeing/Newsround	Celebrating success	Wellbeing/Newsround	Celebrating success	Wellbeing/Newsround	Celebrating success	Wellbeing/Newsround
		PDC	7 Wellbeing	Year 8 PDC	Wellbeing	PDC Year 9	Wellbeing	Year 10 PDC	Wellbeing	Year 1 PDC	1 Wellbeing
04.01.23	Fresh starts and new beginnings	Self awareness and reflection 1: Reasons for negative feelings when faced with adversity	Hope and fresh starts	Self awareness and reflection 2: Recognising personal strengths and weaknesses	Hope and fresh starts	Self awareness and reflection 3: Evaluating experiences, and using it to inform future actions	Hope and fresh starts	Self awareness and reflection 4: Evaluating my behaviour and how it is affecting my future	Hope and fresh starts	Self awareness and reflection 5: Adapting mindset and behaviour to achieve goals	Hope and fresh starts
09.01.23	Overcoming adversity	Ability to manage complexity and uncertainty 1: Use strategies to cope with challenging times	Wellbeing/Newsround	Ability to manage complexity and uncertainty 2: Understanding that there might be no single right or wrong answer	Wellbeing/Newsround	Ability to manage complexity and uncertainty3: Adapting to new situations	Wellbeing/Newsround	Ability to manage complexity and uncertainty 4: Breaking goals into achievable steps	Wellbeing/Newsround	Ability to manage complexity and uncertainty 5: Dealing with changes in demands in a positive way	Wellbeing/Newsround
16.01.23	Equality	Respect for people and Human Rights 1: Readiness to think through consequences of words, actions and choices on others	Respect and wellbeing	Respect for people and Human Rights 2: Responsibility for challenging prejudice and discrimination	Respect and wellbeing	Respect for people and Human Rights 3: Upholding equal rights for all	Respect and wellbeing	Respect for people and Human Rights 4:Recognition of the needs and rights of future generations	Respect and wellbeing	Respect for people and human rights: Sense of solidarity with others	Respect and wellbeing
23.01.23	Holocaust Memorial	Holocaust Memorial	Wellbeing/Newsround	Holocaust Memorial	Wellbeing/Newsround	Holocaust Memorial	Wellbeing/Newsround	Holocaust Memorial	Wellbeing/Newsround	Holocaust Memorial	Wellbeing/Newsround
20.01.23	The importance of stories	Showcase of books that promote equality, diversity, wellbeing, social justice and equity	Reading for pleasure and wellbeing	Showcase of books that promote equality, diversity, wellbeing, social justice and equity	Reading for pleaseure and wellbeing	Showcase of books that promote equality, diversity, wellbeing, social justice and equity	Reading for pleasure and wellbeing	Showcase of books that promote equality, diversity, wellbeing, social justice and equity	Reading for pleasure and wellbeing	Showcase of books that promote equality, diversity, wellbeing, social justice and equity	Reading for pleasure and wellbeing
06.02.23	Celebrating success	Celebrating success	Wellbeing/Newsround	Celebrating success	Wellbeing/Newsround	Celebrating success	Wellbeing/Newsround	Celebrating success	Wellbeing/Newsround	Celebrating success	Wellbeing/Newsround
		Year	7	Year 8		Year 9		Year 10			Year 1

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