## Together for Families Coffee Morning on-line

## Self-isolating with your sensory child - ideas for home activities

Join the Together Trust for a live webinar Wednesday 20<sup>th</sup> January 2021 10:00am – 12:00pm

Webinar will commence at 10.15am

- Practical ideas to help at home
- Based on things that work in school
- Sensory Circuits, Yoga, Sensory boxes
- Managing the environment
- Focus on independence

Professionals will be available for advice Take the opportunity to chat to other parents/carers

The webinar will be presented by Mary Sheard, Specialist Occupational Therapist & Rachel Peek, Occupational Therapist

Email <u>tffadmin@togethertrust.org.uk</u> to register. The booking link will be sent to you on Tuesday 19<sup>th</sup> January.